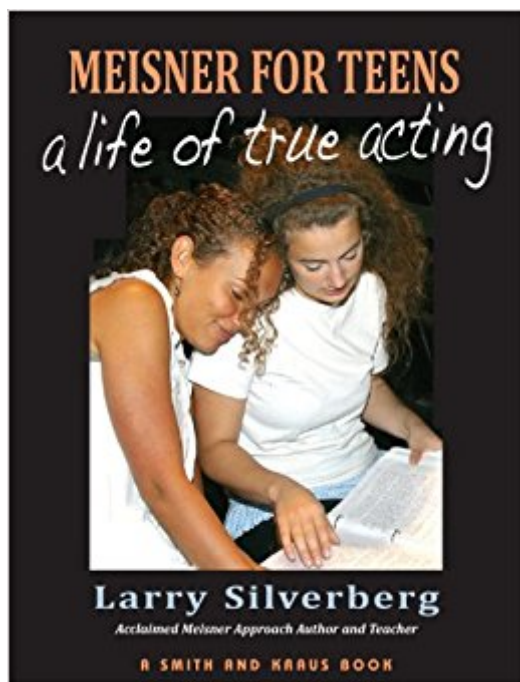


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# Meisner For Teens: A Life Of True Acting



## Synopsis

The long-anticipated teen guide to the Meisner technique by Larry Silverberg, leading Meisner Technique author and teacher. **SELLING POINTS** Meisner for Teens, the first book devoted to exploring the Meisner Approach with teens, includes:- Individual and group exercises- Journal prompts- Writing, listening, and observing assignments- Thoughtful, inspiring quotes throughout- Perfect material to incorporate into High School Drama classes- Excellent text for Introduction to Acting college-level courses- Relates the craft of acting to the truths of life **BOOK SYNOPSIS** Larry Silverberg, the author who introduced the Meisner Technique to actors through his acclaimed four-volume workbook series, has now written a Meisner guidebook for young actors. A perfect text for high school drama teachers, Silverberg provides clear and easy to understand instruction to guide young actors toward simple, meaningful, authentic and passionately alive ways of working. He speaks directly to the teenage actors, guiding them step-by-step through the demanding and thrilling exercises of the Meisner Approach. In this workbook and acting journal wrapped in one, students keep a journal in which they define their desires and refine their skills of observation: learning to listen carefully to other people and pay keener attention to their own responses. Through dialogue work in pairs, young actors learn to engage immediately and directly with their partners. True acting develops through this increased sensitivity and fearless response to others. **Meisner for Teens: A Life of True Acting**

## Customer Reviews

Dear Larry, I find your books to be fascinating, compelling, and so accessible to anyone unfamiliar with the Meisner Approach to acting. What strikes me the most about it though, is the love which is woven into your attitude toward the acting student and his work. I will definitely be using your texts as my primary source for my acting classes here at Texas Tech. ----Louise T Mallory, Texas Tech University  
Of other Silverberg volumes within The Sanford Meisner Approach series, "...recommended for large theater collections in public and academic libraries" and "Silverberg's writing is concise and insightful throughout and makes the technique accessible to any committed student." ----Library Journal "...fascinating..." ----Booklist

Larry Silverberg, director of the True Acting Institute, is an actor, a acting teacher, and author of many books on acting. He is a graduate of the Neighborhood Playhouse, where he studied with legendary acting teacher Sanford Meisner, and is considered one of the foremost authorities on the Meisner Technique. He has written an internationally acclaimed four-volume series on the Meisner

Technique called The Sanford Meisner Approach: An Actors Workbook. His other books include Loving to Audition

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